

You, Holy God, Holy One, Holy Three, Our Life, our Mercy, our Might, our Table, our Food, our Server, our Sovereign, our Light, our Treasure, our Potter, our Way, our Truth, our Life and our Love. You, Holy God, Holy One, Holy Three!

Praise now, praise tomorrow, praise forever. **Amen!**

Sharing the Bread and Cup

All are invited to share in this Holy Meal. We commune by intinction, taking a piece of bread, dipping it into the juice and eating. As you are bid, move forward to one of the two stations below the chancel. Those who wish may come to the altar rail to kneel, be served and return through the side rooms. Unfermented grape juice is used as well as gluten-free bread.



Liturgy for the Sacrament of Holy Communion

The Invitation

Christ our Lord invites to this table all who love him, who earnestly repent of their sin and seek to live in peace with one another. Let us therefore humbly offer this prayer together:

All Pray Together

(Based on the work of Pierre Teilhard de Chardin, SJ)

Gracious God, forgive us when we have not loved in the way you love. Help us to trust that love has the power to transform any situation and is always the more excellent way. Grant us your grace, strength and wisdom to seek out and to practice this way. As we continue to learn how to love more deeply, help us to also believe that the day will come when, after harnessing the ether, the winds, the tides, and gravitation we will harness for you the full energies of love. And on that day, for the second time in the history of the world, we will have discovered fire. In your name we pray. Amen

A Moment of Silence

The Great Thanksgiving

L: The Spirit of God be with you all.

P: And also with you.

L: Lift up your hearts.

P: We lift them up to the Lord.

L: Let us give thanks to the Lord our God.

P: It is right to give our thanks and praise.

L: Holy God, Holy One, Holy Three! Before all that is, you were God. Outside all we know, you are God. After all is finished, you will be God. Archangels sound the trumpets, angels teach us their song, and saints pull us into your presence. And this is our song:

Holy, holy, holy God, our Life, our Mercy, our Might. Heaven and earth are full of your glory. Save us, we pray, You beyond all. Blest is the One who comes in your name. Save us, we pray, You beyond all.

L: Holy God, Holy One, Holy Three! You beyond the galaxies, You under the oceans, You inside the leaves, You pouring down rain, You opening the flowers, You feeding the insects, You giving us your image, You carrying us through the waters, You holding us in the night, Your smile on Sarah and Abraham, Your hand with Moses and Miriam, Your words through Deborah and Isaiah, You lived as Jesus among us, healing, teaching, dying, rising, and inviting us all to your feast.

On the night in which he was betrayed, Jesus took bread, gave thanks to you, broke the bread, gave it to his disciples, saying: "Take, eat: this is my body, given for you. Do this in remembrance of me."

Again, after supper, he took the cup, gave thanks to you, and gave it for all to drink, saying: "This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this in remembrance of me."

Holy God, we remember Your Son, his life with the humble, his death among the wretched, his resurrection for us all: Your wisdom our guide, Your justice our strength, Your grace our path to rebirth.

And so we cry, Mercy: **Mercy!**

And so we cry, Glory: **Glory!**

And so we cry, Blessing: **Blessing!**

Holy God, we beg for your Spirit: enliven this bread, awaken this body, pour us out for each other. Transfigure our minds, ignite your church, nourish the life of the earth. Make us, while many, united. Make us though broken, whole. Make us, despite death, alive.

And so we cry, Come, Holy Spirit: **Come, Holy Spirit!**

And so the church shouts, Come, Holy Spirit: **Come, Holy Spirit!**

And so the earth pleads, Come, Holy Spirit: **Come, Holy Spirit!**