



## Lent and Poverty

The season of Lent, which we are now in, reminds me of Luke 4: 18-21. "The Spirit of God is upon me: God has anointed me to preach the gospel to the poor. God has sent me to proclaim release to the captives . . . and to set at liberty those who are oppressed . . . . Today this scripture has been fulfilled in your ears."

The poor in our society are commonly misunderstood to be those who have less than they need. Those of lesser worth, who arouse pity who are inferior in quality or value, and finally those

who are unproductive. Dr. A. James Armstrong once said, "There are three basic types of poverty in the world: material, psychological, and cultural-spiritual." Material poverty is the lack of fundamental necessities in life, such as food, clothing, housing, and medicine. It means not having enough money or credit. It means not having a job or even the possibility of one.

Psychological poverty happens when one is not accepted, esteemed, needed, understood, desired, and loved. If these needs are not met, persons develop a low self-image and will often fear or even hate themselves. Some people see themselves as ugly, inferior, or without dignity. They may even see themselves as unwanted and/or undesirable. A person can be materially rich while being psychologically poor and conversely.

Spiritual poverty is the third and deepest level of poverty. This is the worst type of poverty because it deprives persons of their fundamental humanity as shaped and determined by the Creator. Some even curse their own people and their God for making them to be what they are.

In the light of the liberating life and message of Jesus, the season of Lent is a wonderful time to reflect upon our own spirituality and the poverty which may exist in our own world. May our spirits soar as we discover who we are, and more important, what we were created to be! There are many Lenten offerings for you to partake in this year at Trinity United Methodist Church. I hope you will plan on participating in as many as you can. In the words of Yogi Berra, "There are plenty of places and ways to go. Which one(s) are for you?"

Your minister,

*Dr. David Calhoun*



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We have created a webpage for The Season of Lent which includes a link to the Lenten Devotional Booklet, all Lenten activities, and a link to a page that shares all the services of Holy Week. It can be accessed at:

<https://www.trinityspringfield.org/lenteaster/lent/>

VISIT US ONLINE:  
[trinityspringfield.org](http://trinityspringfield.org)



### Please Pray for These Members/Friends:

Mary Appiah, Lisa Bakowski, Borys Bakum, Jeannette Barnard, Pat Beck, James Bedard, Jennifer Clark, Margaret (Peg) Commisso, Mary Connelly, Greg Dziekan, Dominick Ellison, Jo Anne Evans, Lisa Foster, Courtney Hyatt, Blair Johnson, Brenda Lopez, Cristopher Lopez, Katherine Lovell, Amy Lovell, the Mortell family, Holly Joy Pearson, Daryl Pennington, Claire (LaPierre) Pisarcik, Catherine Ann Richardson, Lynn Tallman, Mary (Twining) Grocott, Robert (Bob) Underwood, the White/Powell family, Alison (Allie) Wilgus, the Wing family, our service members and their loved ones, those affected by gun violence and natural disasters.



### We Offer Our Christian Sympathy & Prayers to the following families:

To Trinity Member, Judy W and family upon the death of her husband, Curt W. Curt was Trinity members Mark & Laurie's father & father-in-law and Emily & Eric's grandfather.

To Trinity members, Chris W, Rob P & Janze, upon the death of Chris' father, Rob's father-in law, and Janze's grandfather, Charles K. "Ken" W, respectively.

To Karen W and family, upon the unexpected death of Karen's mother, Trinity member, Ann M. Ann just officially joined Trinity this past June.

Please keep all of these families in your prayers during this very difficult time.



### Thank You Notes

#### Thank You from the Reception Committee

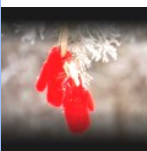
A heartfelt thank you to everyone who baked all the cookies we serve at the Boar's Head receptions. My thanks too to everyone who volunteered to serve punch, fill cookie trays, be helpers and do whatever was needed to ensure the receptions were a success. Also, special thanks to Amy Bozenhard for the beautiful "12 Days of Christmas" cookies she made and to Carol Hager for making the mini muffins which are distributed during the preshow. The receptions are an integral part of the BHF and we could not do them without the help of all of our dedicated volunteers. Many thanks to all of you!

This year due to a sudden medical situation which prevented me from being at the receptions, I want to express my sincere gratitude to Deb Marden for stepping in and managing the receptions and to Tom and Brenda Sheldon for ensuring that all the supplies were available for the receptions and then for returning everything to storage, ready for next year. You have my undying gratitude.

*Kris Gould, Chair*

Thank you for the cards, calls, and prayers sent my way on the occasion of my most recent hospitalization. They mean a great deal to me and I am very grateful for my Trinity family.

*Kris Gould*



A special thanks to all who donated to our Mitten Tree 2023. The beautiful hats, mittens and scarves went to the Open Pantry Community Dinner, the Teen Parent Program, JFS, and our own Parkside Pantry. The Mitten Tree is looking forward to our 2024 donations!

## MARCH Birthdays & Anniversaries

### Regular Birthdays Wedding Anniversaries (*Italics*) S - Staff

3/1 Brenda L  
3/2 Shannon C  
3/2 Phoebe O  
3/3 Hannah C, Lynette V  
3/4 Orlando M  
3/5 Evelyn A-W, Evelyn D  
3/6 Nicole G, Caroline M, Christopher R, Jesse S  
3/7 Heyda M, Jason M, Tyler T  
3/8 Kwaku A-C, Natania I, Kamyllie S  
3/9 Rebecca O, Kevin S  
3/10 Marilyn A, Brian C, Sheila W  
3/11 Susan G, Jackie O, Ndayishimiyes R  
3/12 Claire H, Scott OI, *Nicole & Ryan H*  
3/14 Debbie D', Diane F, Carol K  
3/15 Richard C, Mason M, Grace R  
3/16 Maggie M, Jeremy S  
3/17 Robert M  
3/18 Jacob G, Jonathan S, *Debra & Doug J*  
3/19 Judy C, Lamis J, Michael S Jr., Jeffrey Z, *Steve & Cathy C*  
3/20 Debra R, Clara Lee S, Sheila S  
3/21 Andrew G, Jennifer J-M  
3/22 Kean J, Daniel M  
3/23 Jacob B, Tiffany H, Jason W  
3/24 Mary A, Brittany B  
3/25 Reagan A, Laurie B  
3/27 Kiara D, Brendan L, Beryl N  
3/28 Samantha G  
3/29 Vera B, Zoe C, Jay S  
3/30 Faraday S  
3/31 Richard C, A.J. C, Gene M, Jeffrey S, Alison (Allie) W



### Birthdays & Anniversaries CELEBRATION

#### Milestone Birthday

March 12- Ruth H

#### Milestone Anniversary

March 29—Charlotte & Danielle W



Trinity on the Go:  
Northampton and Annual  
Bulb Festival

**Trinity on the Go:  
Northampton & Annual Bulb Festival**  
Thursday March 7, 9:00 a.m. to 5:00 p.m.  
No cost for program— Meet in Trinity's Parking lot

We will start at Smith's arboretum at the Annual bulb festival. The Botanic Garden's Spring Bulb Show is a Smith College tradition that began in the early 1900s. Ordinarily blooming at different times during the spring, over 8,000 bulbs are coaxed into flowering simultaneously, providing an explosion of color against the backdrop of the departing winter. An impressive display of crocuses, hyacinths, narcissi, irises, lilies, tulips and non-hardy South African bulbs offer an early glimpse of spring. Lunch will be in downtown Northampton. In the afternoon we will tour Smith College Museum of Fine Arts. SCMA is recognized as a leading academic museum, contributing meaningfully to Smith College's mission to educate women of promise for lives of distinction and purpose. They welcome about 35,000 visitors a year, including Five College students, staff and faculty, and visitors from the region and around the world. The museum's collection now comprises more than 27,000 objects, representing the diversity of art and material culture across periods and geographies.

[Registration is required](#)

**Trinity on the Go: Fantasias with lunch and a chance to test your music knowledge**

**Saturday, March 9 at 12:00 p.m. Hale Room**



Join other music lovers for a potluck lunch and a chance to test your music knowledge. The group will leave for symphony at 1:45 for a 2:30 performance.

Cost: ~\$40 if you need a ticket to the performance. .

[Register](#)



Trinity at the Podium  
The Neurodiversity Paradigm  
with Nicole Baker Cooley

**Trinity at the Podium: An Evening on Autism with Nicole Baker Cooley**

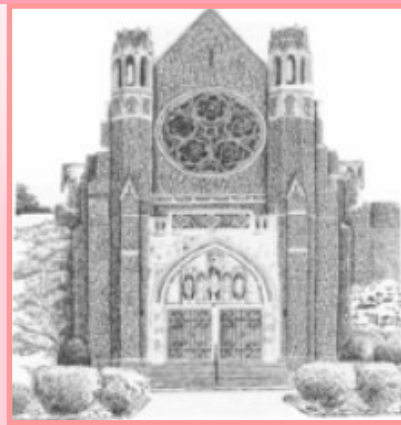
**Friday, March 22 at 6:00 p.m. in the Cafe'**

Nicole Baker will be talking about seeing neurodivergence, and more specifically Autism, through the lens of the neurodiversity paradigm (as opposed to the pathology paradigm). Citing the work of Dr. Nick Walker, Dr. Devon Price, Em Hammond, Sonny Jane Wise, and other autistic writers and creators, we'll look at ways to enable people to better communicate, accommodate, and see the strengths in one another. As Sonny Jane Wise recently wrote: "We're All Neurodiverse."

[Let us know your coming](#)

Other Upcoming Trinity Together Events:

<https://www.trinityspringfield.org/ministries/trinity-3-beta/>



**March Rose Window**

**March 4** - In loving memory of Pauline, from Judy & Paula

**March 10** - Anonymous

**March 11** - In loving memory of David C, Jr., from his mom, Barbara

**March 15** - In honor of my granddaughter, Grace R, on her 7th birthday with much love from Deb M, aka Gigi.

**March 27** - In loving memory of Ted & Jane C, from Ted & Judy

**Daylight Saving Time**



*Don't forget  
to Spring forward  
on Saturday, March 10  
before bedtime!*

**"Quote"**

"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade."

- Charles Dickens





### Community Gallery to Feature Springfield's Central High School Art Faculty

The art of Springfield Central High School's art faculty will be on exhibit during March.

Mediums represented include graphite, watercolor, ink, ceramic, screen printing, marker, colored pencil, oil pastel, acrylic, acrylic fiber yarn and collage.

Plan to stop in the gallery during March to view the work of these 6 Springfield art teachers!



### The New Members Class is Saturday, March 16, 2024

Are you new to the church and interested in learning more? Have you been attending Trinity UMC for a while and would like to learn more about the church and its work in the community? Would you like more information about how to become a member of this dynamic congregation? Then we have good news for you! We have an opportunity for you to attend a **New Member Orientation on Saturday, March 16, 2024** from 10 a.m. to noon in the Trinity Parkside Café. Come and enjoy a continental breakfast and have your questions answered, you will be glad you did! If you decide to join you will be received into church membership on Sunday, April 14. Please let Doreen in the office know today if you are interested in attending the class at email [doreen@trinityspringfield.org](mailto:doreen@trinityspringfield.org) or call 413-737-5311. Thank you.



### The Women's Book Club

The Women's Book Club will meet via Zoom on Tuesday March 26 at 7 p.m. to discuss *The Frozen River* by Ariel Lawhon.

"Clever, layered, and subversive, Ariel Lawhon's newest offering introduces an unsung heroine who refused to accept anything less than justice at a time when women were considered best seen and not heard. *The Frozen River* is a thrilling, tense, and tender story about a remarkable woman who left an unparalleled legacy yet remains nearly forgotten to this day." Amazon.

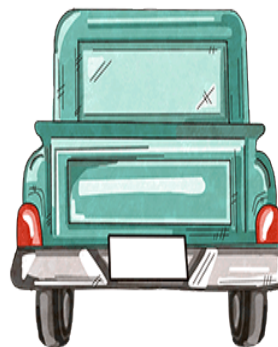
All women are welcome to our group. Contact Jane S. to be sure to get the link or if you have any questions.

### United Women in Faith Quarterly Meeting - March 10 in Asbury Hall



Please join us on Sunday, March 10 at 2 p.m. for an afternoon "tea talk" on public health from Trinity member, Phyllis Williams-Thompson. As a dynamic

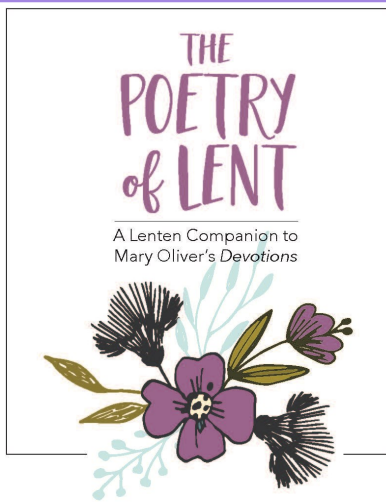
leader throughout Greater Springfield and the Commonwealth, Phyllis embodies passion to empower individuals to enrich their health, career, and economic stability. Phyllis enjoys a career in public health with the combined goals of improving the social determinants of health for all - especially in underrepresented communities - and diversifying public health departments throughout the state. Tea and finger foods will be provided. Women of all ages and walks of life are welcome!



### Calling All Truck Drivers

Do you own and pick up truck and feel called to help your neighbor combat food insecurity? The Parkside Pantry is looking to expand our team of volunteers with a pick up truck to help pick up food at the Western Mass Food Bank in Chicopee. Pick up takes about 1 hour on the fourth Tuesday morning of

each month. If interested, please contact Nancy Moriarty, Ginger Elliott, Ginny Blake, or Diane Mackie.



## REFLECTIONS

Our theme for 2023-24

Guiding Scripture:

*As water reflects the face,  
so one's life  
reflects the heart.*

*Proverbs 27:19*

The 3<sup>rd</sup> week of Lent in "The Poetry of Lent" directs us to the story of Jesus overturning the tables at the temple. Consider the questions our devotional asks: What does "righteous anger" look like in the world and in your own life? Where is your temple, the place or time or way you sense God's presence?

If you have not yet started the Lenten devotional, The Poetry of Lent, there's still time. This wonderful resource from The Salt Project will enrich your Lenten journey with scripture, the poetry of Mary Oliver, meditations, and practices. A digital copy is available [here](#) or pick up a hard copy at one of the entrances to the sanctuary.

### **The Poetry of Lent: A Discussion - Every Sundays During Lent at 12:15 in Grace Chapel**

Join Rob in Grace Chapel for a discussion inspired by the Lenten devotional "The Poetry of Lent." Together, we'll read the scripture and the poem at the top of this email. From there, we'll explore connections and share our own personal reflections. You are welcome to attend any or all.



### **2025 Boar's Head Festival**

Mark your calendars! The 2025 Boar's Head Festival will be held on **January 10-12, 2025.**



### **You Can Order Your Name Tag on Sundays**

We are asking everyone who is willing to order a magnetic name tag at the Connection Point during coffee hour. In an effort to get to know new members, etc., we are hoping as many people as possible will do so. The name tags are \$8.00 and have a magnet on them so you don't have to put a hole through your clothes. Once the name tags come in, you can leave them in the sanctuary upon leaving worship or if you are going to coffee hour you can leave them at the Connection Point before leaving the church. They will all be brought back to the sanctuary for you to pick up again on the following Sunday. This way they won't get lost or washed by accident.

Thank you for your cooperation in participating in this important project.



### **Trinity's Instant Church Directory**

If you are a member and haven't submitted a photo for our Trinity Directory or need to update your current photo? It's never too late. That's one of the advantages of our on-line directory - it's always updatable.

If you already have a great photo of yourself & family, upload load it at [www.instantchurchdirectory.com](http://www.instantchurchdirectory.com)

If you only have a hard copy, email it to Jane Schneeloch, at [vejane@comcast.net](mailto:vejane@comcast.net) or bring it to her on Sunday.

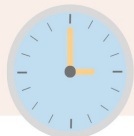
If you need to update any information that is already in the directory, please email Doreen in the office at [doreen@trinityspringfield.org](mailto:doreen@trinityspringfield.org) and she will update the in-house directory first and send it to Jane to update the on-line directory.

If you need to get a picture taken please let us know and we can arrange that when Jim Sharrard is available.

We look forward to *seeing* you in the Directory!



## EASTER EGG HUNT: WAYS TO HELP



PROVIDE TREATS FOR EGGS



MAKE A DONATION



STAFF THE EVENT



VOLUNTEER TO HIDE EGGS



PROVIDE PLASTIC EGGS AND DECORATION



DONATE HARD BOILED EGGS



CREATE AN EASTER CRAFT

To help, email Rob at

directorfmandc@trinityspringfield.org

**Journey through Holy Week**

A sensory experience for kids.  
Maundy Thursday  
March 28, 2024  
6:00 PM

**Journey through Holy Week: A Sensory Experience for Kids**  
Maundy Thursday, March 28, 2024 ~ 6:00pm  
Kids ages 5-13 are invited to join Rob for a sensory journey through the stories of Holy Week. Using our five senses will explore Holy Week and deepen our understanding of the story of God's love. Parents are invited to relax in the cafe and then participate in the Maundy Thursday service at 7:00 in Grace Chapel with their kids.

# LENTEN REFLECTIONS: A SILENT RETREAT

ENTER INTO SACRED QUIET TO REFLECT  
ON THE MYSTERY AND MAJESTY OF  
GOD'S LOVE.

HOLY SATURDAY  
MARCH 30, 2024  
3:00-6:00PM  
TRINITY UNITED METHODIST CHURCH

### **Lenten Reflections: A Silent Retreat** **Holy Saturday, March 30 ~ 3 -6 p.m.**

Celebrate Holy Saturday by entering into sacred quiet. This silent retreat will be an opportunity to reflect, contemplate, meditate, and pray on the mystery and majesty of God's love made manifest in Jesus Christ. The retreat will begin and end with simple services. Between services, participants will move freely throughout a designated space as they engage with prayer stations or simply pray as they feel led.





**Fridays, February 16- Good Friday, March 29**

Noon-12:30 p.m. - Weekly Friday Mid-Day Services - Grace Chapel

**Sundays During Lent, Feb. 18 – March 24**

12:15 -Join Rob Powell for a casual discussion to reflect on and explore the poetry of Mary Oliver from our Lenten Devotional – Grace Chapel

**Thursdays, Feb. 15 – March 28**

3:00-7:00 p.m. Hang out, meet and/or make friends, and enjoy a cup of coffee - Parkside Café

**Fridays, Feb 16 – March 29**

11:00 a.m.-2:00 p.m. - Hang out, meet and/or make friends, and enjoy a cup of coffee - Parkside Café



**Holy Week and Easter Opportunities**

**Saturday, March 23**

6:00 p.m. - Pizza, Palm Crosses, and the Prince of Egypt - Parkside Café

We will gather to make palm crosses for Palm Sunday, enjoy pizza, and watch the movie The Prince of Egypt in which the Egyptian prince Moses learns of his identity as a Hebrew and his destiny to become the chosen deliverer of his people.

**Palm Sunday March 24**

10:30 a.m. Worship Service - Sanctuary  
In person and live stream Traditional Palm Sunday service with palms, palm crosses, beautiful music, and message of the day.

**Maundy Thursday March 28**

6:00 p.m. See page 6 for a youth event  
7 p.m. Reflection of Christ's sacrifice through prayer, music, & a celebration of communion – Chapel

**Good Friday March 29**

12:00-12:30 p.m. Mid-Day Service - Grace Chapel -  
Worship Leader: Rev. Dr. David V. Calhoun  
12:30 p.m. Simple Luncheon - Asbury Hall  
7:00 p.m. Evening Service Bear witness to Christ's sacrifice with reverence, hope, and awe - Sanctuary

**Holy Saturday, March 30**

Easter Egg Hunt 10:30 a.m. on the front lawn



**Easter Sunday, March 31**

8:30 -10:00 a.m. Easter Breakfast – Asbury Hall  
10:30 a.m. Grand Easter Celebration in person and live stream - Sanctuary



**Please Order Your Living Memorial Easter Plant(s) Early!**

Please help beautify our altar this Easter Sunday, March 31, with an assortment of Easter plants in **memory** or **honor** of a loved one. We ask that you take your

plant(s) home with you or give it/them to someone you know who would appreciate it following the Easter service. **We only have 40 plants this year, so we are asking people to purchase one plant and put additional names on that plant. If at the end we have extras we will reach out to see if people want to purchase additional plants.** Please complete the form below and place it in the offering plate with your payment or mail it to the church. **The final deadline is Monday, March 18 by 12 noon to ensure the plant's quality.** The donation for each plant is \$20.00.

Indicate for each plant, if it is in **memory** or **honor** of the person(s) listed.

-----

**Your Name(s):**

\_\_\_\_\_

**Please circle one below**

**Memory or Honor**

Name of person(s) being remembered/honored

1. \_\_\_\_\_

2. \_\_\_\_\_

Total \$\_\_\_\_\_

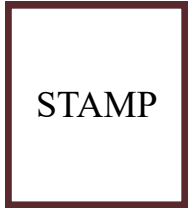





**The Carillon**  
Trinity United Methodist Church  
361 Sumner Avenue  
Springfield, MA 01108  
413-737-5311  
[www.trinityspringfield.org](http://www.trinityspringfield.org)  
[info@trinityspringfield.org](mailto:info@trinityspringfield.org)









*Believing that all persons are created in God's image and are of sacred worth, that Jesus' message was one of inclusion of those rejected by mainstream society, and that each member makes inherent and valuable contributions to the Body of Christ, we of Trinity Church, welcome into this congregation people of every age, race, ethnicity, gender identity, sexual orientation, socio-economic condition, family structure, and physical or mental ability.*



**Minister:**  
**Director of Music Ministries:**  
**Church Administrator:**  
**Director of Family Ministries and Connections:**  
**Administrative Assistant:**  
**Head Sexton:**

**TRINITY STAFF**

Rev. Dr. David Calhoun (x205)  
Dr. Michael Carney (x210)  
Jeff Bennett (x202)  
Rob Powell (x201)  
Doreen B. Bessey (x204)  
Carlos Manning (x207)

**E-MAIL**

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[doreen@trinityspringfield.org](mailto:doreen@trinityspringfield.org)  
[sextons@trinityspringfield.org](mailto:sextons@trinityspringfield.org) 413-777-5460

**Acolyte Coordinator:**  
**Administrative Council Chair:**  
**Board of Trustees Treasurer:**  
**Christian Education & Spiritual Formation**  
**Investment Committee Chair:**  
**Lay Leader:**  
**Membership & Evangelism Chair:**  
**Missions Chair:**  
**Publicity/Communications Chairs:**  
**Staff-Parish Relations Chair:**  
**Stewardship & Finance Chair:**  
**Trustees Chair & Vice Chair**  
**Worship Committee Chairs:**

**2024 LEADERSHIP TEAM**

Tina Warren  
Nate Olin  
Erica Weida  
Brian Crawford  
Russ Moore  
Sandra Collins & Mike Rust  
Wendy Regan  
Diane Mackie  
Jim & Clara Lee Sharrard  
Sara McKeown  
Chad Thompson  
Alan Harwood & Jim Mackie  
Kelly Henry & Cathy MacGovern

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[membership-outreach@trinityspringfield.org](mailto:membership-outreach@trinityspringfield.org)  
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[staff-parish@trinityspringfield.org](mailto:staff-parish@trinityspringfield.org)  
[stewardship@trinityspringfield.org](mailto:stewardship@trinityspringfield.org)  
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