Liturgy for the Sacrament of Holy Communion July 2, 2023

- L: The Lord be with you.
- P: And also with you.
- L: Lift up your hearts
- P: We lift them up to the Lord.
- L: Give thanks to the Lord our God.
- P: It is right and good to give our thanks and praise!

L: Gracious God, Creator of heaven and earth, we gladly lift our hearts to you in thanksgiving and praise, because you have hidden your story of salvation from the wise and intelligent and revealed it to infants. You have disclosed your mercy to the outcast, Hagar, to the barren Sarah, to the shunned Rahab, to the childless Hannah, and to the unmarried Mary.

L: In Jesus you became a child for us, through whom we might discover the secrets of your glory. Again and again you revealed your sacred purpose through those your world despises, demeans, or ignores. Finally, you made your purpose known through your Son, cursed by our sin as he hung on the cross. And so we rejoice with angels and archangels. And with all the company of heaven, singing the song of your unending praise.

ALL: Holy, holy, holy Lord, God of power and might. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is the One who comes in the name of the Lord. Hosanna in the highest.

L: Overflowing God, as you led your children to meet their destinies at the well, you become in Christ the well of life that replenishes us that we may never be thirsty again. Fill your church with the abundant grace that it may be a cup that runneth over with your mercy. Send your Holy Spirit upon this food and drink, that they may be for us the body and blood of your Son Jesus Christ; who at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it them saying, "Take eat: this is my body which is given for you; do this in remembrance of me." After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this in remembrance of me."

L: Great is the mystery of faith.

P: Christ has died: Christ is risen; Christ will come again.

L: God of the weary and heavy laden, God of the tired, the poor, the huddles masses yearning to breathe free, God of the homeless and the tempest-tossed bring rest to all those who labor today. Set your gentle yoke upon them, for you are gentle and humble in heart. Be a shining golden light in the souls of all who struggle in body, mind or spirit, with demons with or without, with fears about the future or regrets about the past.

L: Through this communion with you in union with Christ in the power of your Spirit, write on our hearts a new law that draws us to walk with you across the storms of suffering the tremors of temptation, and the pages of persecution. And on the last day, bring us home to you forever.

All: Amen.

Sharing the Bread and Cup

All are invited to share in this Holy Meal. We commune by intinction, taking a piece of bread, dipping it into the juice and eating. As you are bid, move forward to one of the two stations below the chancel. Those who wish may come to the altar rail to kneel, be served and return through the side rooms. Unfermented grape juice is used as well gluten-free bread.

For those who like to take communion from their seat, communion kits are available in the back of the sanctuary.

*Eucharistic Prayers by Samuel Wells and Abigail Kocher